



Accelerated Figure Skating Summer Program 2025

Weekly From: June 2nd - August 16th, 2025

The Accelerated Figure Skating Summer Program runs in conjunction with the Center Ice Sports Complex's Summer Skating Program. It consists of general freestyle sessions, on ice classes, and off ice classes. This will provide a comprehensive program to develop a well-rounded skater.

What's Included?

The summer program provides more flexibility than the program we run through the school year. For each 6 week session, you select 6 general sessions and 12 classes (on ice/off ice) for your skater to attend. You also get 1 Learn to Skate class per week.

Session Descriptions

- General Sessions: Equivalent to FSO and can be used for practice and/or private lessons. Sessions are limited to 18 skaters
- Off Ice Class: Classes will include stretching and off ice jumps. These classes teach the skaters what they can be doing when they are not at the rink to help their performance on the ice. They should wear tennis shoes and bring a yoga mat/towel. Classes are limited to 12 skaters.
- On Ice Class: Classes will focus on stroking, crossovers, edges, and beginning jumps and spins. Classes are limited to 12 skaters.

Registration and Payment Details

1. The sooner you register, the better. Class sizes are limited and may fill up.
2. You may register for the Accelerated Figure Skating program online and email me pictures of your registration forms, pay and turn them in at the front desk, or mail with a check (made out to Center Ice Sports Complex) to the rink.
3. You can register for the whole summer (Session 1 and 2) at once to ensure your spot in classes, but pay separately for each session if you'd like.
4. Cost is \$219 for each 6 week session.

Other Information

- Your skater must check in at the front desk when arriving for classes/sessions.
- If your skater can't attend a class or session, you must call the rink or notify me 24 hours in advance. You will be given a makeup card to use at another time.
- No FSO/Accelerated punch cards can be used during the summer.
- If you would like to add on additional sessions/classes, you can definitely do so! Additional general sessions are \$18.50 each and on/off ice classes are \$15 each.
- If you aren't able to make it to the on/off ice classes, talk to me and we can discuss alternative options for the program.
- Reach out to me at skatingdirector@centericesports.com with any questions!
- These are the LTS class times for summer. You will write your selection on the next sheet:
 - Mondays 6:10-6:40- Basic 3 and 4
 - Wednesdays 6:10-6:40- Basic 5-Freeskate
 - Saturday 10:10-10:40- Basic 3-Freeskate

SKATER INFO: (SUBMIT THIS PAGE WITH REGISTRATION FORM)

Name: _____

Parent/Guardian Name: _____

Daytime Phone: _____ Other Phone: _____

Email Address: _____

LTS Class: Mon 6:10-6:40

Wed 6:10-6:40

Sat 10:10-10:40

LTS Level: _____

Emergency Contact:

Name: _____

Relationship to skater: _____

Phone: _____

WAIVER FORM

In consideration of being allowed to participate in any way in Center Ice Sports Complex (CISC) programs, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce this risk, the risk of injury does exist; and 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest instructor immediately; and 4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS CENTER ICE SPORTS 1, Inc, their officers, instructors, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's signature and date signed

FOR PARTICIPANTS OF MINORITY AGE

(Under Age 18 at time of registration)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns and next of kin, I do also release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE.

Parent/Guardian's signature and date signed

*CISC reserves the right to modify the summer schedule or change the restrictions on who is permitted to skate during any particular session.

Accelerated FS Session 1

Skater Name:

Circle 6 generals and 12 classes (on ice/off ice) total.

Morning		Week 1	Week 2
Class/Session	Time	6/2-6/7	6/9-6/14
General	10:40-11:40 am	M T W H F	M T W H F
Off Ice	11:45-12:15 pm	T W F	T W F
On Ice	12:20-12:50 pm	T W F	T W F
Evening		Week 1	Week 2
Session	Time	6/2-6/7	6/9-6/14
Off Ice	4:20-4:50 pm	M W	M W
General	4:00-5:00 pm	M T W H	M T W H
General	5:00-6:00 pm	M T W H	M T W H
Saturday		Week 1	Week 2
Session	Time	6/2-6/7	6/9-6/14
General	9:00-10:00 am	Sat	Sat

Morning		Week 3	Week 4	Week 5	Week 6
Class/Session	Time	6/16-6/21	6/23-6/28	6/30-7/5	7/7-7/12
General	7:30-8:30 am	M T W H F	M T W H F	M T W H	M T W H F
General	8:30-9:30 am	M T W H F	M T W H F	M T W H	M T W H F
Off Ice	9:40-10:10 am	T W F	T W F	T W	T W F
On Ice	10:20-10:50 am	T W F	T W F	T W	T W F
General	10:50 am-11:50 am	M T W H F	M T W H F	M T W H	M T W H F
General	11:50 am-12:50 pm	M W F	M W F	M T W H	M W F

Evening		Week 3	Week 4	Week 5	Week 6
Session	Time	6/16-6/21	6/23-6/28	6/30-7/5	7/7-7/12
Off Ice	4:20-4:50 pm	M W	M W	M W	M W
General	5:00-6:00 pm	M W	M W	M W	M W

Saturday		Week 3	Week 4	Week 5	Week 6
Session	Time	6/16-6/21	6/23-6/28	6/30-7/5	7/7-7/12
General	9:00-10:00 am	Sat	Sat	Sat	Sat

Accelerated FS Session 2

Skater Name:

Circle 6 generals and 12 classes (on ice/off ice) total.

***There are only 5 weeks, so you will have to do more than 1 per week.

Morning		Week 7	Week 8	Week 9	Week 10	Week 11
Class/Session	Time	7/14-7/19	7/21-7/26	7/28-8/2	8/4-8/9	8/11-8/16
General	7:30-8:30 am	M T W H F	M T W H F	M T W H F	F	M T W H F
General	8:30-9:30 am	M T W H F	M T W H F	M T W H F	F	M T W H F
Off Ice	9:40-10:10 am	T W F	T W F	T W F	F	T W F
On Ice	10:20-10:50 am	T W F	T W F	T W F	F	T W F
General	10:50 am-11:50 am	M T W H F	M T W H F	M T W H F	F	M T W H F
General	11:50 am-12:50 pm	M W F	M W F	M W F	F	M W F

Evening		Week 7	Week 8	Week 9	See beside for M-H schedule.	
Session	Time	7/14-7/19	7/21-7/26	7/28-8/2	Week 11	8/11-8/16
Low Off Ice	4:20-4:50 pm	M W	M W	M W	M	W
General	5:00-6:00 pm	M W	M W	M W	M	W

Saturday		Week 7	Week 8	Week 9	Week 10	Week 11
Session	Time	7/14-7/19	7/21-7/26	7/28-8/2	8/4-8/9	8/11-8/16
General	9:00-10:00 am	Sat	Sat	Sat	Sat	Sat

Morning		Week 10
Class/Session	Time	8/4-8/9
General	7:40-8:40 am	M T W H
Off Ice	8:45-9:15 am	T W
On Ice	9:20-9:50 am	T W

*Friday and Saturday schedule is normal.

Evening		Week 10
Session	Time	8/4-8/9
Low Off Ice	4:20-4:50 pm	M W
General	4:00-5:00 pm	M T W H
General	5:00-6:00 pm	M T W H